



## “In Vaastu, proper implementation is everything”

- Dr. Ketan Shukla

**This month we speak to young husband-wife team of doctors who, now are true Vaastu believers.**

Born 1968, Dr. Ketan Shukla did his M.S. (Gen. Surgery) Gujarat University, 1994 and then went on to be the university topper in M.Ch. exams (Mumbai University) 1997. Apart from his professional practice he teaches Urology at Civil Hospital, Ahmedabad. Dr. Riddhi Ketan Shukla M.D Gujarat University, 1996. She is a Consultant Gynecologist and is a High-risk Pregnancy Specialist.

The husband-wife team work from their own multi-specialty hospital AAROGYAM, in Ahmedabad.

Excerpts from the interview:-



Dr. Ketan Shukla



### VAASTU TURNAROUND

**This is a new experience for us, interviewing a doctor.**

I came to know about Dr. Rao through mutual doctor friends Dr. Sanjay Patel of Mayflower & Dr. B.I Patel. I was just finishing the interiors of my previous consultancy room. At that time Sanjay asked me if I had consulted a Vaastu person while designing the clinic. I replied in the negative because around then I was not relying fully on Vaastu.

When Sanjay offered to introduce Dr. Rao to me I did not take up his offer at that point. Truth to tell, I was afraid. The rooms were all but completed and the inauguration was in seven days time. My fear was that if the Vaastu consultant made some drastic changes I would be in no position to make them.

Another complication would be that once the Vaastu consultant points out mistakes then I will always be in a split mind. Firstly, I will not be able to correct the Vaastu doshas and secondly, I will be unable to practice in peace, because at the back of my mind I will always nurture lurking doubts. After one year, we started hunting new premises for our hospital. At that point we were determined to do everything as per Vaastu.

We contacted Sanjay; got Dr. Rao's number and that's how our association with him began. Everything has clicked since that first meeting and we have become very good friends.

#### Experience Number One

Our first experience was unbelievable. We had short-listed on an under-construction site and took Dr. Rao to the place. He told us not to take it.. I was shocked and asked jokingly, "Why, do you think my practice won't flourish here." He replied, "It has nothing to do with your practice. The fact is , this building will not be completed." He added further, pointing to a vacant plot nearby, "If this plot is developed than you buy space there for your hospital."

But around that time no builder had taken that plot for development and since Dr Rao did not want

us to buy the property we were interested in, we dropped the idea of acquiring premises.

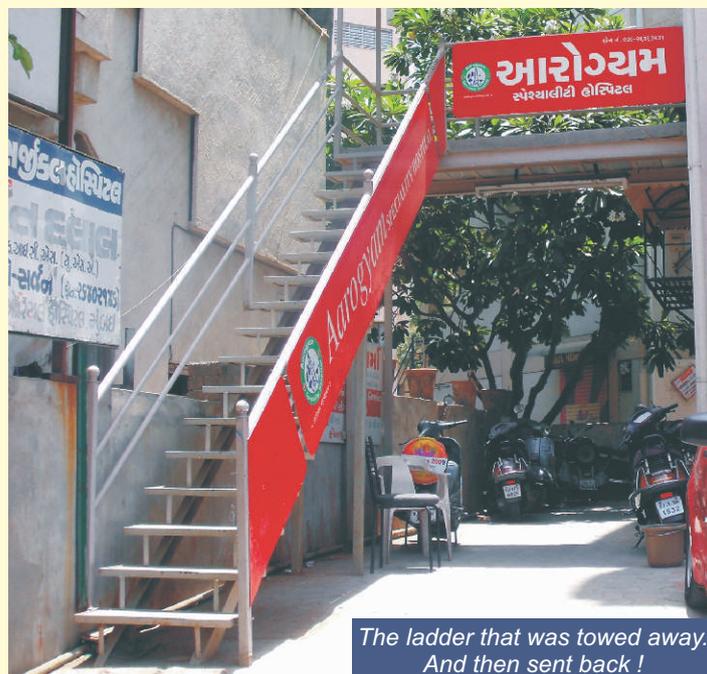
Now for the exiting part! The building in which we were going to buy premises did not get completed as scheduled, just as Dr. Rao has said. After a year, when we met the same builder in Jaisalmer he asked us if we had finalized any premises for our hospital. We said that we hadn't. He then informed us about his incomplete project but added that he had acquired the other plot that we had shown interest in." I have purchased that plot and in fact the building is nearly completed. Why don't you come and have a look." he said.

We finally bought the second and third floor in his new project , just as Dr. Rao had advised us. Much later—even after our hospital had started-the earlier building remained incomplete .I told the builder," Look, I am going to give you a one lac rupees worth advice for free. Just relocate the toilet elsewhere. My Vaastu consultant had commented long time back, that unless you do this your project will remain incomplete. The builder, then sealed the toilet and in its place the watchman started a tea-stall there.

In three months all roadblocks for the building gave way and the project not only got completed promptly but was also fully sold out. As a man of medicine I can't find any logic to this. But the truth is there to see. Dr. Rao predicted that the building will not get completed unless the toilet was shifted. That is exactly what happened. It is very surprising!!

#### Second Experience.

I'll share another startling experience. When Dr. Rao visited my consulting room, he



The ladder that was towed away. And then sent back !

**VAASTU TURNAROUND**

suggested two changes. One suggestion was to clear-out my library room which was in the center and the second was to change my entrance. I wasn't able to do anything about the entrance, but as soon as I emptied-out my library I felt unburdened and got instant relief



Dr. Ketan Shukla and Dr. Riddhi Shukla

from much of my nagging stress. *Just emptying that room gave me a certain peace of mind.*

For two years I had been practicing in those premises with no spectacular gains. Then, I went away to some conference for about seven days and during my absence, Riddhi – a firm believer in Vaastu – went ahead and changed the entrance, just as Dr. Rao had advised. Within a couple of months I got permission for kidney transplantation in my clinic – something I had been trying and trying for many months. Not just that, after we

changed the entrance, everything has changed for the better in quick succession.

Scientific explanations or whatsoever may be the case, my experience of Vaastu has been full of unbelievable instances, of which two I have just described.

**One last thing.**

Dr. Rao came to our hospital on the inauguration day. He saw that our name board was in black color. The moment he entered he asked, "Why is your board black?" He plucked a petal from one flower from a bouquet and said, "This is the color you should have for your board." We were in a quandary. The board had just come that morning and had cost us a small fortune.

In the seven days that followed we faced problems without end. And they were major problems. During the inauguration, the lights went out and the generator failed. Imagine our embarrassment when our staircase – decked with flowers etc – was towed away by the municipal corporation. That really was the last straw. We changed the color of the board to the one Dr. Rao had suggested.. Do you know what happened once we did that? The first result was that the ladder came back.

**So you follow Dr. Rao blindly?**

It is not that Dr Rao suggested and we followed blindly. Dr. Rao suggested and we waited and saw the ill effects and then we



Dr. Ketan Shukla

followed what he said and saw the good effects. When Dr. Rao asked me to change my entrance, I did not do it overnight. I changed it after six months. But now we do things the way he says and don't think too much.

We are in the process of buying a farm house. Four months have gone by, because Dr. Rao and our architect haven't had sufficient time to come to an agreement on what the farm house design should be. And we are willing to wait till the architect can come-up with a design that will satisfy Dr. Rao.

**Is there any prescription of Dr. Rao you have not implemented?**

No, we have implemented everything he has advised. Some implementations were immediate whilst some took a little more time. In Vaastu proper implementation is everything. ■