



Study Rooms And Study Tables For Children



In our previous issue we spoke about kitchens and other miscellaneous issues. In this month's feature we shall discuss Study Rooms and Study Tables for Children.

Where to study

When the children return home from school and get to their homework and extra studies they must do so facing the east or north direction.

If the children are studying facing south or west they will tend to develop forgetfulness at the important times, especially at the time

of their examination or at the time they need it most.

If the children are studying facing the east or north direction. it is obvious that their book racks must be in the south or west. The book racks can be on the floor or on the walls, but the direction should be south or west.

Where NOT to study

Studying on the beds, in balconies, on sofa sets or whilst watching television is not advisable. In fact it is very bad and unproductive.

It should also be noted that the toilet door must not be in direct line of vision of the child or the study table. Children studying in such situations tend to fall sick at the time of the exam ans therefore are unable to deliver their best; even if they are bright students and have studied hard all through the year.

Never study under the beam. This rule applies to schools and colleges as well.

Children studying under a beam tend to forget what has been taught / studied.

Some more tips

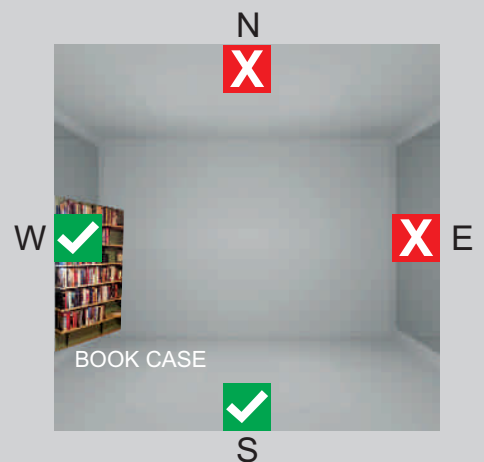
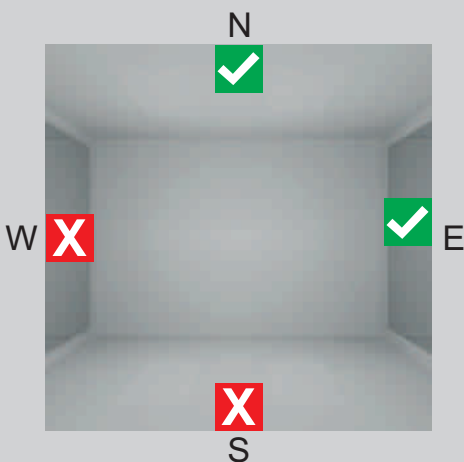
Whilst studying children should not wear brown or black colored clothes. In fact all dark colors should be avoided. On the contrary children should wear light colored clothes whilst studying.

Whilst studying children should eat green leafy vegetables and foods rich in protein. They should eat this food at least two hours earlier to starting their studying.

An idol of a God or an inspiring saint should be kept in sight during study time.

The study table should not be cluttered; especially with unfinished food dishes. Children studying under such condition may initially appear to be brilliant but this brilliance will not progress to a point where they can get good results in the examinations. ■

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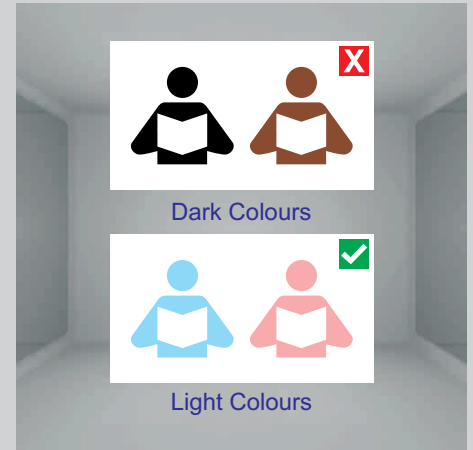
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Dr Ravi Rao's
Vaastu Tips

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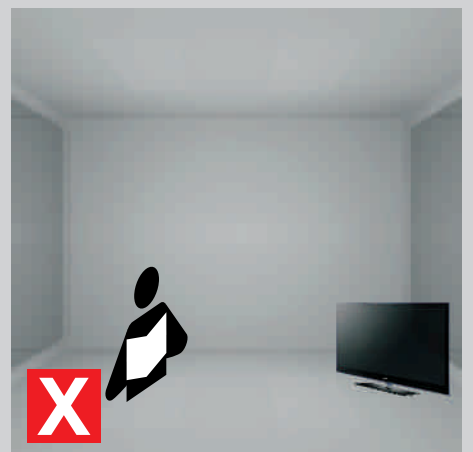
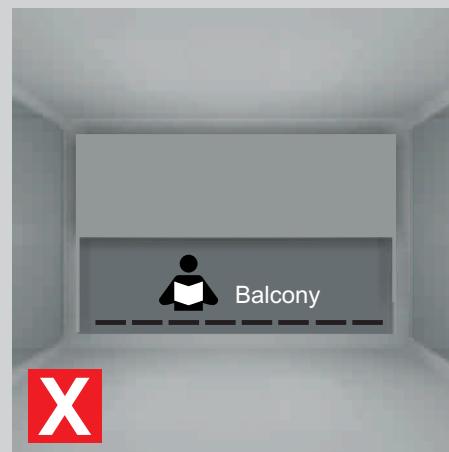
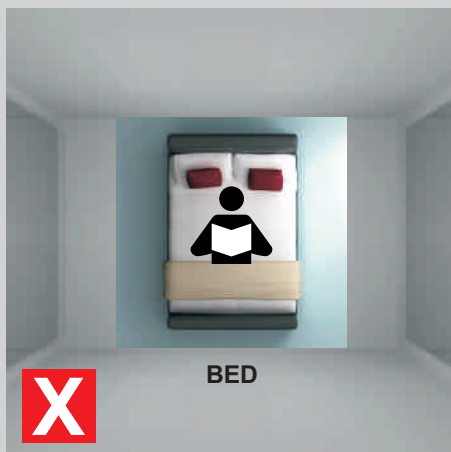
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